

Stone Healing

Stone energy healing is one of the oldest healing modalities of this planet and very much works on the realignment of the bodies energy lines or meridians. As with our energies the stone energies are both male and female so a balance between these must be achieved .

This is a very grounding energy and uses a series of stones. The head stone , the base stone and the heart stone these are placed below the client and connected to a circle of universe stones, which are placed around the client. During the placing of these the healer may be instructed to place some of them on the client.

Although this is primarily a hands off healing the healer may be compelled to place their hands with a stone on a particular part of the body.

Tree Healing

Tree Healing is a very gentle healing and works on the energies of mother earth and the relationship that we have with all of creation. Each tree has many attributes that enable healing on a very deep level and we utilise a very specific group of crystals to bring the energy to the client.

This healing is quite indepth and hands on. And by the choices that the clients make from the cards,it will reflect in the requirements of the individual body and soul.

There are 15 tree energies at work in this healing and 7 will be chosen by the client and the healing will be given via the healer . This healing works on all areas of the body, mind and soul and although the crystals are used to connect the tree energy to the client, they have additional properties of their own, as do the colours that also represent the trees.

LinTree Spiritual Well Being



Trevor Crabb

Spiritual & Holistic Healer

Tel 02380 736349

Email trevor@lintreespiritual.co.uk



Usui Reiki Healing

Reiki literally means 'Vital life force that is guided by universal wisdom'.

Reiki is a form of hands on or hands off healing that taps in to the life force energy radiating from every living thing. The act of putting your hands on someone in pain or who is ill is instinctive and comforting.

What are the Benefits of Reiki?

- Balances the bodies energies - Chakras & Meridians
- Promotes & Supports the bodies natural healing ability.
- Helps Strengthen the immune system
- Cleanses the body of toxins - negative energies and stimulates body waste clearing systems.
- Relieves pain and tension.
- Treats the cause as well as the symptoms of the illness.
- Adjusts itself to each person and their needs.
- Helps promote relaxation and inner well being.
- Empowers us to take responsibility of our own lives.
- Promotes Creativity - Mental and Physical.
- Works on all levels, Physical, Mental & Spiritual.



Atlantean Healing

Atlantean healing goes back to the golden age of Atlantis it is based on The law of One and states that there is no separation from the divine. We are part of the whole and our actions affect every single creature throughout the universe.

Atlantean healing is one of very high vibration and works primarily in the Auric layer to identify Physical, emotional or mental problems that we have. With the aid of the Angels of Atlantis we will work on 12 chakras rather than the mainly used 7 and the 4 elements of the body, EARTH, WATER, FIRE and AIR.

Atlantean healing also works on a level that enables the healer to detect things that the client may have brought with them from past lives. So to enable the removal of these you will be asked if you are willing to release them at the beginning.

You will also be asked to remove any glasses watches and crystals as these can affect the healing or get affected by the energy.

Atlantean healing is totally hands off so there is no contact with the client throughout the session. This also makes it very good for distance healing.



Crystal Healing

Crystal healers mainly work with a holistic model of the human being. And as such treat them as a whole including mental state, emotions and well being of the body.

The nature of crystals is a natural energy and is believed to increase the levels of harmony in their natural environment, and with this in mind balance can be brought back into the clients energy and Auric field.

Healers work in different ways and will feel the energy required so crystals may be placed around the body or on the body and often a combination of both.

During a session you will not be asked to remove any clothing only watches, glasses and crystals as this is for your comfort and any crystals worn can affect the energy.

